



Anthem Dental & Implants

702-616-1600

Fillings - Post Operative Instructions

You have just had one or more fillings and may experience some thermal sensitivity, particularly to cold. This should subside over a few days or weeks. Any sensitivity that presents longer than a few days or weeks or is more severe than just “mild” or hurts when you bite or chew on the tooth, may indicate a more serious condition, so please call and make an appointment for the doctor to check it promptly.

Often, when decay reaches the pulp (nerve) of the tooth (an exposure) we try to “direct pulp cap”, sometimes allowing the pulp to heal itself. Nevertheless, this can still lead to the need of a root canal treatment, particularly if the pulp was infected by the decay. Any build-up filling should have a crown(cap) placed over it as soon as possible.

Try not to chew on the side where you have new fillings for 24 hours. It takes this long for the filling to gain maximum strength. However, continue to brush and floss normally. Your gums may be slightly sore, but don't let this deter you from practicing good home care.

Should the bite not feel right after your anesthesia wears off, please call the office for a quick “bite adjustment” appointment.